

TEEN DATING VIOLENCE:

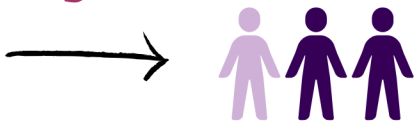
Unmasking the Hidden Threat

society of care 



Created by Morningstar
Counseling and Consultation
1/19/2024

1 in 3 adolescents in the U.S. experiences some form of teen dating violence



81% of parents believe teen dating violence is not an issue or don't know if it's an issue.

WHAT IS TEEN DATING VIOLENCE? (TDV)

Teen dating violence involves controlling behaviors by one partner to gain power over the other. This can lead to severe consequences, impacting the victim's mental health, self-esteem, and overall well-being. It's time to break the silence and raise awareness about this prevalent issue.

TDV is not just physical; it includes emotional, verbal, and digital abuse too. It's a serious issue that not only affects the present but can cast a long shadow over a young person's mental health.

RESOURCES

All Nations Crisis Textline
Text "Support" to 33464 to chat with an All Nations team member.

Monday-Friday: 6pm-2am
Saturday/Sunday: 10am-2am

National Dating Abuse Helpline
Provides essential tools and support to help survivors of domestic violence 24/7.

Text "LOVEIS" to 22522

HOW DOES TDV AFFECT MENTAL HEALTH?

The connection between TDV and mental health is serious.

Teenagers experiencing dating violence are more likely to suffer from depression, anxiety, and suicidal thoughts.



1 in 10 high school students has experienced physical dating violence.

Sources: Centers for Disease Control and Prevention (CDC)
Loveisrespect.org, BreaktheCycle.org